

Rudiment combinations for flow and coordination

One of my absolute favourite exercises for development of flow on the drum set. A great warmup!

Different ways to practice:

FOR HANDS: 1. As written (plus HH / BD ostinato if desired)

2. Work through the page as triplets.

WHOLE KIT: 3. Independence workout: Play every "R" on KICK. "L" on snare.

RH plays quarter notes or another ostinato on HH/Ride

4. Jazz version: same thing phrased as triplets - RH plays swing feel, HH w/ foot on 2 & 4.

5. Tony Williams style: Play every "R" with both hands (RH on cym, LH on snare)

Play every "L" with kick drum

6. The same as triplets.

